

Rock, Bridge, Tree Tag

Age:	3 - 10 Year olds
Participants:	5 +
Time:	5 Minutes
Equipment:	Cones (optional)

Skill(s):



Balancing



Dodging



Jumping



Running

Set Up:

- Mark out a large area using cones



Description:

Choose 3-4 taggers depending on the numbers in your group. The remainder of the children run around the area trying to avoid being tagged. If caught;

- First tag: child crouches down into a rock position on ground
 - To be saved, another child must jump over the rock
- Second tag: child becomes a bridge (on hands and toes on ground)
 - To be saved, another child must crawl under bridge
- Third tag: child becomes a tree (balancing on one leg with hands in air)
 - To be saved, 3 children must form a circle around tree, holding hands, and move round in a circle singing “save the tree, save the tree, save the tree”
- Repeat if tagged 4th, 5th, 6th time!

Variations:

- Have every child as a tagger! This option ensures all children are involved and engaged
- Change the method of locomotion while playing: try hopping, skipping or galloping

Teaching Points:

Running/ Dodging

- Ensure children have eyes up to avoid other children
- Take short, quick steps to avoid being tagged and ready to change direction

