



**Improving the fundamental movement skills of kids aged 3-8, KIDDO offers physical literacy programs and resources for educators, coaches and parents.**

## Improve your Move

**KIDDO is something different. Something fun. Something that every child, every parent and every educator can enjoy.**

Ever heard of 'physical literacy'? Basically, it's helping children develop the skills and confidence to be able to do things like running, jumping, throwing and catching.

Physically literate kids:

- Have a lot more fun being active
- Have better social skills
- Are happier and more confident
- Have improved attention and concentration levels

Working specifically with children aged 3 – 8, the **KIDDO** program has been scientifically designed by the team at UWA to help nurture a love of physical activity that will last a lifetime.



**“KIDDO has opened our eyes as to how we can weave planned and purposeful activity into our program.”**

Louise Munro, Centre Manager  
Goodstart Early Learning Centre

### Upskill Educators to Deliver KIDDO

You'll not only be helping develop your children's fundamental movement skills you'll also build the capacity of the Educator's in the centre to deliver the KIDDO program long after the KIDDO team have gone.

enquire online at  
[www.KIDDO.edu.au](http://www.KIDDO.edu.au)

# KIDDO at your ECEC

We have a range of programs to suit centres of all sizes and all budgets. Choose from our packages or ask us about how we can create a unique program just for you.

## IN-CENTRE PROGRAM

KIDDO can run incursions at your ECEC for educators and children. Includes:

- ✓ 4 week KIDDO program (4 x 45 min sessions)
- ✓ Up to 30 children in kindy room plus unlimited educators
- ✓ Focus on two different skills
- ✓ Run by experienced UWA staff members with expertise in the development of fundamental movement skills
- ✓ Parent session where parents are invited along to participate in the session

**COST: \$1275**

**6 contact hours - 3 KIDDO staff**

## EDUCATOR PROFESSIONAL DEVELOPMENT

The KIDDO program provides your Educators with the skills and knowledge to run purposeful planned activity with the children in your centre. Includes:

- ✓ Face to face briefing for all Educators
- ✓ Train the trainer program – Educators shadow UWA instructors and gain skills and confidence to deliver KIDDO program
- ✓ Build the capacity of the Educators to design sessions and continue on the KIDDO program using the KIDDO website and resources
- ✓ Refresher session 1 month after KIDDO - KIDDO expert will come to your centre, shadow educators and offer advice for ongoing implementation

**COST: \$650**

**4 contact hours - 1 KIDDO expert**



## WHOLE OF ROOM MOVEMENT ASSESSMENT

- ✓ Individual movement assessment for all children in class aged 3+ years
- ✓ Individual report for each child

**COST: \$450**

**2 contact hours - 3 KIDDO staff**

## Coming soon! Get certified with our 'Online Physical Literacy' course.

Packed with exclusive content from both experienced UWA staff as well as some of the most qualified experts from around the globe, this practical, engaging and interactive course will help you learn the theory behind physical literacy and develop the practical skills to implement with your children. Available from March 2019.

**Free to participating centres in 2019**

**Complete package: \$2100 + GST per centre**

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