

## KIDDO IN THE COMMUNITY: Nido Early School, Banksia Grove

### ECEC PROFILE

**SIZE** – 62 place capacity

**LOCATION** – Metropolitan Perth

Thanks to Lauren Scott the Executive Service Manager for sharing their KIDDO story:



### WHAT DOES KIDDO LOOK LIKE AT Nido Banksia Grove?

As part of our centre's physical activity policy we have incorporated a physical activity experience in each room every day. Our educators have done reflections on the indoor environment and adapted the environment to include more elements that encourage physical activity, such as elevated play stations. We have stopped using restraints such as high chairs to encourage more movement and are using lap feeding. We are currently doing an Olympic theme and using this to incorporate more physical activity in every day.

### HOW DID YOU ENGAGE YOUR STAFF?

Our Curriculum Leader championed KIDDO, she ensured the educators were encouraged to set daily provocations for children that focused on the fundamental movement skills. Staff were given time off the floor to complete the professional development. Staff then shared at staff meetings what their learnings were and how they could implement this throughout the service. The Executive Service Manager was proactive and sent staff their logins and reminders to complete the professional development in the time given.

### TIPS FOR ENGAGING FAMILIES

Families were sent a link to the KIDDO website so they could access activity ideas for at home. We include information about KIDDO in our welcome pack. We also set up a visual KIDDO display and did surveys with families to share their physical activity traditions at home.

### ANY ADVICE FOR OTHER CENTRES?

Complete the training as it is beneficial to understand the importance of physically active play and the latest research in order to ensure KIDDO is implemented to its full potential.

