

KIDDO Yearly Physical Literacy Planner - Schools

Program Champions:

School Goals *(What outcomes would you like from your program?, Can you measure them?)*

Resources

Staffing *(Training, onboarding, roles)*

Equipment & Space *(Indoor and Outdoor)*

Implementation

PE and Other Physical activity *(How long?, how often?, who?)*

Focus Skills

Assessment *(How, when?)*

Additional Considerations

KIDDO Yearly Physical Literacy Planner - Schools

Program Champions: Jane Doe, John Smith

School Goals (*What outcomes would you like from your program?, Can you measure them?!*)

All children mastering basic FMS by the end of year 2
Increased opportunities to be active in the schools day
Increased amount of classroom physical activity
More parent engagement in physical activity

Resources

Staffing (*Training, onboarding, roles*)

All staff to complete KIDDO online course
PE teacher to work with early childhood teams
All school staff familiar with school goals
Educators assist program implementation

Equipment & Space (*Indoor and Outdoor*)

Audit Equipment and Spaces (Active Play Audit)
Rotate equipment sets in classrooms
Role modelling equipment by staff

Implementation

PE and Other Physical activity (*How long?, how often?, who?!*)

PE with PE teacher for 1 hour a week (all classes)
30 min per day of in class physical activity (morning fitness, brain breaks)
Classroom sets of equipment changed each term
Promotion of active transport to school

Focus Skills

	Term 1	Term 2	Term 3	Term 4
KINDY	Run Jump Balance	Catch Jump	Kick Run	Throw Balance
PP	Run Jump	Kick Bounce	Catch Run	Throw Skip
YR 1	Kick Jump	Catch Skip	Throw Hop	Bounce Strike
YR 2	Kick Jump	Jump Skip	Throw Hop	Bounce Strike

Assessment (*How, when?!*)

KIDDO Challenge with all children every term

Additional Considerations

Parent involvement - Assessment reports sent home, skill tips circulated in newsletter, skill posters up in classrooms, one parent session per term
Develop inclusion strategies for students that retreat from PA
Development of a School PA policy