



## CONFERENCE 23

# Program

Monday 9 October, River Room, UWA Watersports Complex



### Keynote speaker

## Andy Hair

Active Schools, ACHPER Victoria

*Hailing from Geelong/Wathaurong, Australia, Andy is an award-winning Primary PE Teacher with 27 years of experience, renowned for his infectious energy and youthful persona. His primary objective is to facilitate the excellence of students, enabling them to surpass their goals, foster self-assurance, and derive fulfilment from their pursuits.*

*A profound advocate for the transformative power of play, Andy strives to create an environment and culture for students that is both diverse and challenging. He is currently a Physical Activity Advisor for ACHPER Victoria's Active Schools Project, after having been a Curriculum Writer, Physical Literacy Coach and Regional Coordinator for School Sport Victoria. He also co-authored a module within KIDDO's Certificate of Physical Literacy.*

Andy will lead two informative and inspiring sessions:

### **Beyond the basics:**

#### **Teaching for physical competency and lifelong health**

This inspiring session will explore how to create a comprehensive, student-centred PE curriculum that emphasises physical literacy and lifelong health. Through compelling real-life examples and interactive discussions, Andy will lead us in exploring how physical activity can serve as a catalyst for growth and empowerment, overcoming boundaries. He will also share how embracing different forms of movement can not only improve students' physical well-being but also fuel their creativity, strengthen mental resilience, and foster a sense of belonging within a community.

You'll walk away inspired and informed with new strategies for promoting inclusivity and diversity in PE, and practical tools for designing and implementing meaningful programs. Moreover, we expect you'll gain an increased ability to communicate the impact that physical literacy and fundamental movement skill development can have within your school and beyond.

### **Game extravaganza:**

#### **Unleashing the ultimate fun-filled session of endless games**

Get ready for some excitement, laughter, and a bit of friendly competition. Where the thrill of play knows no bounds and mastery of outcomes has no place. Andy will lead us through an extraordinary line-up of games (yes, we'll all be playing!) that will build confidence in skill development, explore exciting ways to foster relationship building and unleash creative problem-solving that will cater to all students.

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### **Participation for all: How to promote authentic involvement**

**with Dr Ashleigh Thornton**

Team Lead - Kids Rehab WA Research at Telethon Kids Institute

This presentation will take you through a positive, strengths-based approach to child health and development, and discuss how you can encourage all children to be involved in physical activities.

*Ashleigh is the Team Lead for Kids Rehab WA Research at Telethon Kids Institute. Holding a collaborative academic position between the Child and Adolescent Health Service and UWA, her work is focused on improving the health, wellbeing and development of children by conducting high-quality research and translating that knowledge into clinical practice. Her research has a strong focus on factors that influence motor development and physical activity in children. Ashleigh has played a significant role in the development of KIDDO and continues to guide its research agenda.*

### **Understanding the physical health and wellbeing domain of the Australian Early Childhood Development Census**

**with Gail Clark**

WA AEDC Coordinator - Department of Education

As the State Coordinator of the Australian Early Development Census (AEDC), Gail will educate us on the importance of the AEDC. The session will share insights into what's working well across WA schools, but also the changes necessary to ensure all children are part of a safe and nurturing environment, to grow and thrive.

*Gail has extensive experience and knowledge of the public education system and helps lead this nationwide collection of information about young children's development. Completed by schools every three years, the census measures the percentage of children who are developmentally on track, at risk or vulnerable across five domains: physical health and wellbeing; social competence; emotional maturity; language and cognitive skills; and communication skills and general knowledge.*



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### **Fundamental movement skills made simple: Kindergarten and Pre-Primary strategies**

**with Allison King**

KIDDO Program Manager

Learn about practical methods and ideas for planning and implementing a successful FMS program. This will include what FMS skills to teach and when, as well as strategies for teaching outside the classroom. Allison will provide guidance on equipment distribution, organising students into groups, delivering instructions for best outcomes, gaining and regaining attention, behaviour management and transitioning between activities. A session not to be missed!

*Allison has a Bachelor of Science (Human Movement) and a Graduate Diploma of Education (Physical Education and Science) from UWA. Bringing over 10 years teaching experience to the KIDDO team, she has taught in rural, government, private and catholic schools and has also supervised preservice teachers. As a busy mum of three, Allison values and understands the importance of fundamental movement skills and is passionate about upskilling teachers and educators to deliver quality, pivotal physical literacy programs in schools and early learning services.*



### **Bringing play into the classroom: Innovative approaches to PE**

**with Martin Anderson**

Manager of School of Human Science - UWA

This practical session will look at the concept of *introducing and including play* to support your structured PE lessons. Martin has been using play as part of teaching pedagogies at UWA and marvels at the effect it can have on a class. In this session, Martin will share some ideas and strategies on how to incorporate play in PE. Options on the amount of teacher-to-student centredness styles will be shared. So come ready to play.

*Martin leads the Health and Physical Education speciality as part of the Master of Education at UWA. He is a leader in Health and Physical Education pedagogy having mentored and trained over 800 educators. Martin's extensive experience also includes being chair of the Curriculum Council of Western Australia's physical education syllabus committee, board member of ACHPER WA, and a representative of the Children's Physical Activity Coalition.*



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### **KIDDO FMS Assessment Masterclass**

**with Amanda Derbyshire**

KIDDO Program Director

(Session is co-presented by Allison King, KIDDO Program Manager)

A hands-on masterclass demonstrating best practice on how to set up and run the KIDDO FMS assessment with a class of students. This session will also teach how to effectively assess students' FMS using the KIDDO FMS assessment tool.

*As KIDDO Program Director and a Research Associate at UWA, Amanda has been responsible for the development of KIDDO since its inception in 2014. As a passionate Sport and Exercise Scientist, Amanda has extensive experience in helping schools implement KIDDO in metropolitan, rural and remote settings.*



### **From early intervention to lifelong skills: Developing physical literacy at Geographe Primary School**

**with Alison Kirk**

PE Teacher - Geographe Primary School

Alison will share her implementation of early intervention groups for children who need additional support to develop their FMS. Referencing her success at Geographe Primary she will speak about integrating FMS into the curriculum and how to create a positive school culture in Physical Literacy.

*With 37 years of teaching experience in the discipline of Physical Education, Alison has taught at metro and regional schools including Middle Swan, Bidyadanga, Wagin, Geographe PS and also spent time teaching in Canada. She is a qualified and experienced Tennis Coach and is a frequent traveller with School Sport WA Primary teams and High School Tennis teams.*



### **KIDDO at Good Shepherd**

**with Oliver Blatchford**

PE Teacher, Good Shepherd Catholic School

This is a success story, demonstrating how an engaging program has changed the lives of educators and students across Good Shepherd Catholic School, from the 3-year-old kindergarten right up to year 2 classes. Sharing insights, tips, and learnings on how to best incorporate physical education lessons, specialised KIDDO sessions, classroom brain breaks, assessments reporting and everything in between!

*Oliver, a husband, father of two and physical education teacher, began his career teaching PE in high schools before falling in love with primary PE. Oliver brings his energy and passion for all things sport, fitness and movement into the classroom and is a long-time advocate of KIDDO. He is also a keen marathon runner (when he's injury-free) and coaches at the Ninja Academy.*

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9:00 – 9:15am	<b>Welcome and opening address, Michael Rosenberg, KIDDO Director</b>	
9:15 – 10:00am	<b>Beyond the basics: Teaching for physical competency and lifelong health</b> <b>Andy Hair</b> River Room	
10:00 – 10:05am	Brain break	
10:05 – 10:45am	<b>Participation for all: how to promote authentic involvement</b> <b>Ashleigh Thornton</b> River Room	<b>KIDDO FMS assessment masterclass</b> <b>Amanda Derbyshire and Allison King</b> UWA Gym
10:40 – 11:00am	Morning tea served in the River Room	
11:00 – 12:00pm	<b>Games Extravaganza</b> <b>Andy Hair</b> UWA Gym	<b>FMS made simple: Kindergarten &amp; Pre-Primary strategies</b> <b>Allison King</b> River Room
12:00 – 12:15pm	<b>Whole school approach to physical literacy: School checklist, practical activity</b> <b>Amanda Derbyshire</b> River Room	
12:15 – 12:45pm	Lunch served in the River Room	
12:45 – 12:50pm	Brain break	
12:50 – 1:15pm	<b>KIDDO at Good Shepherd</b> <b>Olly Blatchford</b> River Room	
1:15 – 1:40pm	<b>From early intervention to lifelong skills: Developing physical literacy at Geographe Primary School</b> <b>Alison Kirk</b> River Room	
1:40 – 2:10pm	<b>Facilitated planning and reflection (including KIDDO website demonstration)</b> <b>Amanda Derbyshire</b> River Room	
2:10 – 2:35pm	<b>Understanding the physical health and wellbeing domain of the AEDC data</b> <b>Gail Clark</b> River Room	<b>Bringing play into the classroom: Innovative approaches to PE</b> <b>Martin Anderson</b> UWA Gym
2:35 – 2:50pm	<b>Classroom based physical activity</b> <b>Allison King</b> River Room	<b>Bringing play into the classroom: Innovative approaches to PE</b> <b>Martin Anderson</b> UWA Gym
2:50 – 3:00pm	<b>Closing address and goodbyes, Amanda Derbyshire, KIDDO Program Director</b>	

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